

Prayer at the Heart

Immediate needs 2 - 4 weeks



Please pray for:

Melissa Clackett who has dislocated her left shoulder four times since 12 December and for Isaac who started portage (help with speech, language and mobility) on 22 January for ongoing problems. Becky (Whittaker) recently tested positive for COVID. Jane, (Colin Curtis' daughter) and her family. Stella for a good recovery following a hip-replacement operation. Gill, as doctors strive to find her more suitable and effective drugs. Pat Martin, making a slow improvement following a knee replacement operation.

Carol Holgate, Beryl Davies and her daughter Karen - prayers for recovery from shock following a car accident. Continued prayers for Beth (Stan and Carol's daughter) as she undergoes chemotherapy. Dorothy Vener. Bob Simmons. Debbie (Frances Crocker's daughter). Ann Harley, awaiting a diagnosis for ongoing heart problems.. Audrey (Porter) for continued healing of her back. Pat Wade suffering with painful shingles. During February we will be praying for those living in The Grange, Chanctonbury Chase and St. Margaret's Close.

Long term needs - up to 3 months

Sheila Pearse. Ray Clarke. Joan Moss. Isaac Clackett. Dennis Spinner, please pray for him to get strong and stay free from illness. Lise Jennings, for relief from pain.

Prayer Needs

Please contact: Carol Judge 277752; or David and Lynda Kemp 272470

We also have a Prayer Requests page on Facebook, please let us know if you would like your prayer needs to be posted there.

If you would like to contribute to these church notices; do please get in touch with me.

Please be aware when supplying contact information for notices, this notice sheet is circulated physically and digitally via our website, social media and email.

Paula. Email: deaneves@msn.com



Welcome to St Alphege, Seasalter

7 February 2021

2nd before Lent

Readings: Colossians 1: 15-20; John 1: 1-14

the
prayer
course

Announcing the St Alphege Seasalter Lent Course for 2021

From Sunday 21st February onwards as a church we'll begin The Prayer Course, from the UK based but international 24/7 team. The founder, Pete Greig wrote an excellent book and although I recommend it to you, and there's lots of overlap in content with the book and the course, *you don't need it to DO the course.*

Prayer is the one thing Covid 19 can't take away from us, in fact many have found their experience of prayer has been an anchoring and essential thing in the pandemic.

And whatever happens next, we need to be a praying people.

The course is 8 sessions on prayer, based on the Lord's prayer. 5 weeks before Holy Week and Easter, then 3 sessions to finish afterwards.

We'll be tying in the Sunday sermons on the topics too.

There will be 4 ways you can join in with this course:

- 1) In a Connect Group online if you belong to one that's running it, or you can join in with a Connect Group that is doing the course just for these weeks.
- 2) You can set up your own small group with a couple of friends online if you want to do it.
- 3) You can join in with the Zoom sessions every Friday afternoon

.../... 3pm beginning 26 February. I'll be organizing these for those not in other groups who want to do the course with others. Contact me for the link: paulette.stubbings@stalphegeseasalter.org

4) Those living alone who don't have access to things online can be sent paper resources and a DVD with the session videos on each week, (along with their usual Sunday Service DVD).



Any questions or concerns, or if you can't work out how you can participate, then please get in touch: paulette.stubbings@stalphegeseasalter.org or 07305 611437.

I hope as many as possible will be able to join in and get much out of this course.

Lent Course

Chris Skingley will be running a Lent Course for 3rd Agers and any who would like to join. The course is called *Daring to See God Now* and is in five sessions. The sessions are: The Good News of God, The time is now, God is present, Change your mind, and Live it! The course will run on Zoom on Thursday mornings starting on 18th February at 10am.

Contact Chris Skingley on chris.skingley@btinternet.com if you would like to join and he will send session links nearer the time.



Hope For The Future

Gripped in Away Land
Yearning for home
Frozen in limbo
Looking for a way out
Where is the exit
The prick of hope



To release doubt
A turnabout
The roundabout
Turn right to Estuary View
For the point of escape

Phil Farnham

OPEN DEANERY SYNOD MEETING



**Wednesday 24th
February 2021 at 7.00 pm via Zoom**

This is an opportunity for *everybody* engaged in the life, work and ministry of our parishes and churches in Whitstable and Herne Bay to come together to discern how God is calling us to *organise our 'faith-inspired activities'* when we emerge into 'Covid-recovery territory':

- ♦ What will we keep doing? *Do we have the resources, including people?*
- ♦ What will we no longer do?
- ♦ How will we use our buildings?

The Reculver Deanery 'Outline Deanery Plan (Edition 1)

"Moving Towards a Flourishing, Sustainable Future" refers (copy obtainable from a Deanery Synod rep, Churchwarden or PCC /DCC member)

Join Zoom Meeting

[https://us02web.zoom.us/j/3209487258?
pwd=hKQeStuZWkba8RL6n9p3MOxoqKkNGQ](https://us02web.zoom.us/j/3209487258?pwd=hKQeStuZWkba8RL6n9p3MOxoqKkNGQ)

In case of difficulty with this link, enter the following information into your device to access the meeting:

Meeting ID: 320 948 7258

Passcode: 080420

Hi church!

We are hoping to set up a monthly 'check in' for people working in the emergency/ public services at the moment. Examples would be police/ fire service/ paramedics/ NHS (e.g. doctors/ midwives/ OTs/ nurses). This isn't an exhaustive list but gives an idea, I apologise if I haven't used your profession as an example and you're included. Teaching staff would something like this be helpful for you too? Please do let us know if it is 😊



We thought it would be great, shifts allowing, to touch base and have a chat about how we are. We might have an ice breaker or a reflection. Everything is optional, you can join without feeling you need to 'join in' or you can offer to bring something if you feel promoted to. The certain thing each time is that we will pray together and for each other. It would be 30-45mins once a month, if you'd like to join a WhatsApp group in between to communicate we can create this too.

Please speak to Rachel Berner or Tom Hedley-Smith if you are interested. Or contact via email on rberner588@gmail.com

We have a trained prayer ministry team at St Alphege Seasalter who are happy to pray with anyone who would like confidential prayer for themselves or someone else (our safeguarding policy applies).

If you'd like that, please let Paulette (paulette.stubbings@stalphegeseasalter.org) or Diana High know, or message me in the chat privately and we can arrange for someone to get in touch to do that. Do offer this to friends or neighbours.



Banner of Hope



I want to produce a 'banner of hope' which we can hang in the Christian Centre when we return.

This is going to comprise short words, pictures, verses or anything that has given you hope over the last 10 months, and will be sewn or drawn. It may simply be 1 word like 'family' or 'prayer', a verse of scripture or a picture. Please prayerfully consider what you want to put and then download from the internet a picture of a leaf or heart or a shape you want to use or use a square. This shape should not be more than 8" square. Then choose a piece of fabric on which to put your words. If you don't have fabric or the facility to download anything then please contact me and I will provide the shape and material. If the material frays easily then hem it down or blanket stitch the edges. If you are drawing something on the material, please remember that fabric pens can sometimes 'bleed' into the material, so choose carefully. If you are sewing something then each time you put the needle up through the fabric lift a prayer to the Lord. It may only be a person's name, but lift what is on your heart to the Lord.

Please do not think 'I can't do this because I don't sew,' as it is not intended to be a beautiful work of art. Simple running stitches will suffice. If it is a verse then draw lightly in pencil and do your running stitch over the pencil.

If you really want to join in but need help then please contact me and I will be more than willing to help.

Please let me have your contribution within the next 3-4 weeks.

Eventually I will mount all of these on to a large piece of fabric and we will hang it up.

Diana (262495) john_high@sky.com

Lent - interesting information

Candlemas (candlelight feast) is an ancient pagan and Latin feast, which then became a Christian religious feast corresponding to the presentation of Christ in the Temple and his recognition by Simeon as "Light of Israel". ... This festival takes place on February 2, or 40 days after Christmas. But nothing to do with Lent....

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter it was traditionally a time of fasting and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were "shriven" (absolved from their sins).

Mardi Gras or Fat Tuesday, refers to events of the Carnival celebration, beginning on or after the Christian feasts of the Epiphany (Three Kings Day) and culminating on **the day before Ash Wednesday**, which is known as **Shrove Tuesday**. **Mardi Gras is French for "Fat Tuesday"**, reflecting the practice of the last night of eating rich, fatty foods before the ritual Lenten sacrifices and fasting of the Lenten season.

Related popular practices are associated with **Shrovetide** celebrations before the fasting and religious obligations associated with the penitential season of Lent. But what then is **carnival???**

Carnival, or Carnevale, has been celebrated for centuries throughout Italy. The name is said to derive from the words carne vale - 'farewell to meat' - which explain the function of the celebration: an opportunity to indulge and use up such treats before the start of Lent (like an extended Pancake Day).

The North Yorkshire resort of Scarborough has a tradition established since at least 1903, and possibly before, of a mass long-rope skipping event on **Shrove Tuesday**. Other seaside towns have records of such events, and it is suggested that its origins lie in the local fishermen sorting their ropes and nets at this time of year and giving those not fit

for fishing to children. Scarborough's event though is a little different, in that most others known about were Good Friday happenings. Since at least 1853 a dignitary or celebrity has rung a special bell at noon on **Shrove Tuesday**, supposedly to signal to housewives that they should begin pancake making when the tradition began. These days the bell is rung by the mayor or deputy mayor, to signal the start of the skipping.

Revd Hazel Door

[Reproduced with kind permission of Church of All Saints in the Vendée and extracted from their monthly publication entitled 'The Grapevine']

A poster for a Church Family Pancake Party. The background is teal with a wavy white line. On the right is a photo of a stack of pancakes topped with strawberries and blueberries. The text is white and yellow. At the bottom is a red cross logo and the text 'St Alphege Seasalter'.

**Church
Family
Pancake
Party**

**16th February 2021
6pm**

on Zoom

**Email
Andrew Price
For link**

andrew.price@stalphegeseasalter.org

St Alphege Seasalter