

## Prayer at the Heart



*Please pray for:*

### **Immediate needs 2 - 4 weeks**

Julia, (Sue StJohn's god-daughter) recovering from multiple injuries following a car crash. Katy (Burney) with a deteriorating knee condition. Liz Leaman (Frances' friend) - please pray for healing. Elaine (Oakley) half-way through chemo for breast cancer. Freddie and Charlie Crocombe (grandchildren to Andrew's brother). Beth (Stan and Carol's daughter) having treatment. Pat Wade. Dorothy Vener. Bob Simmons. Audrey (Porter) for continued healing of her back. During August we will be praying for those living in Lucerne Drive, Lucerne Court and Beaconsfields.

### **Long term needs - up to 3 months**

Melissa Clackett, whose health is deteriorating please pray for it to improve and for Isaac with chronic lung disease and underlying health issues, but (as Melissa says) he is a strong little fighter. Daniel Hampton with Long Covid. Barry (Paula's brother-in-law). Sheila Pearse. Joan Moss. Dennis Spinner, please pray for him to get strong and stay free from illness. Lise Jennings, for relief from pain.

### **Prayer Needs**

*Please contact: Carol Judge 277752; or David and Lynda Kemp 272470*

***We also have a Prayer Requests page on Facebook, please let us know if you would like your prayer needs to be posted there.***

Please pray for Jill and Rob (Freeman) and family on the death of Jill's mum, Joan. May Joan rest in peace and rise in glory.



## Welcome to St Alphege, Seasalter

**29 August 2021**

**13<sup>th</sup> after Trinity**

**Readings:** James 1:17-end and Mark 7:1-8, 14,15, 21-23



### **New Service Pattern**

From Sunday 5<sup>th</sup> September we will move to our new service pattern:-

8.45am – Holy Communion Service

10.30am – All Age Service with Holy Communion on the first Sunday of each month

From Sunday 12<sup>th</sup> September refreshments will be available in between the services and after the 10.30am service.

# NHS Nourishment & Keyworkers Kindness Day

At The Living Well, Canterbury Diocese Centre for Healing & Wholeness, Nonington CT15 4JT



## A Time of Peace and Rest

For quiet personal refreshment, with an option to share your experience of working during the pandemic in an individual time of confidential listening and prayer if requested with chaplain Rev. Lorraine Apps-Huggins and members of the chaplaincy team facilitating the day.

**Saturday 4th September 2021,  
10.00 am - 4.00 pm**

Please book via [contact@the-living-well.co.uk](mailto:contact@the-living-well.co.uk)  
This day is free of charge - lunch is provided



[www.the-living-well.org.uk](http://www.the-living-well.org.uk)  
Registered Charity No.: 1123792



## SEASALTER YOUTH ENVIRONMENT AND UPCYCLING PROJECT UPDATE

In May, the youth group won a grant of £500 to plant native plants in the church grounds. The grant is run by Grow Wild, the national outreach learning initiative of the Royal Botanic Gardens, Kew.

Our project is called '*Seasalter Youth Environment and Upcycling project*' and we want to best protect God's amazing creation as a youth group. We've realised that we could do even more for the biodiversity of our church grounds and be better stewards for God's amazing planet.

After approval by the District Church Council (DCC), we've been allocated unused land on the church property which is currently just grass (image). We plan to plant native plants and wildflower seeds during September.

This will make the grounds much more vibrant for both our church and local Community. It will also capture CO<sub>2</sub> to improve local air quality as well as supporting local wildlife such as insects and mammals. This also contributes towards our church obtaining the Bronze EcoChurch Award in the land category. EcoChurch is encouraged by the Church of England due to the current climate crisis and the CofE's pledge to be carbon neutral by 2030.

Currently, we are at the stage of making contact with local nurseries that stock native butterfly and bee friendly plants and planning which plants to use. We have also installed a log pile and an upcycled old bread box which is now a home for hedgehogs!

If you want to find out more or have a passion for native plants and could offer us some advice/help, please contact Daniel Hampron ([daniel.o.b.hampton13@gmail.com](mailto:daniel.o.b.hampton13@gmail.com)).



## Message from Lise

Sunday School and Crèche will continue through the summer with the exception of 25th July and 29th August, however activities will still be provided for children who come to the service.

We are having Back to School Sunday on Sunday 5th September. All children up to year 6 are welcome to bring their school bags and will be prayed for and given a blessing.



## Message from Lizzie

After seeing the Co-op ad on the television I researched and found that the Oxford Street Co-op is the recycling Co-op in our area.

It is a really good initiative and the plastic that I am now managing to recycle is quite a lot more.

Here's an extract from the Co-op website.

'Soft plastics are lightweight plastics that often cannot be placed in recycling bins at home. Think plastic film lids on yoghurt pots, soft fruit punnets and ready meals, as well as plastic crisp packets, pasta bags and chocolate or biscuit wrappers.'

Click on the link below for more information.

[Soft Plastic Recycling - Co-op \(coop.co.uk\)](http://coop.co.uk)

## Something to Share?

If you would like to contribute to these church notices; or subscribe to the (electronic) mailing list do please get in touch with me.

Please be aware when supplying contact information, this notice sheet is circulated physically and digitally via our website, social media and email.

The deadline for the following Sunday is midnight on Tuesday.  
Paula. Email: [deaneves@msn.com](mailto:deaneves@msn.com)

## Roles and Holes

We want enough people sharing in the roles and activity of the church so that it is life-giving for all involved, not life-draining. At the moment though, some are doing a lot more than they should and really need some support.

**Please would you pray about this and the roles below.**

As we build back and repair after the pandemic, we are particularly looking for the right people for these roles Seasalter:

**Children and families work team** - *you need a passion for this but the rewards are huge.*

**Youth Ministry team** - *you need a passion for this but the rewards are huge.*

**AV team** - *especially for the sound mix, but also for words and pictures - on a Sunday and occasionally in the week*

**Chairs/set up team** - *crucial - if we want bums on seats..!*

**Pastoral Oversight Team Coordinator** - *we want to hold this work safely and well*

**Pastoral Visitors** - *good listeners, caring, mature and boundaried.*

**Welcome and Integration Team** - *welcomers on the door, and those with a heart to help people belong.*

**Tea, Coffee and Hospitality** - *not quite yet but soon, we hope!*

**Office Cover /Meet and greet** - *helping Becky cover leave*

**Garden Team** - *keeping the areas around SCC tidy and maintained*

**Churchyard Team -Old Church** - *keeping an eye and keeping it tidy*



## I KNOW THAT I KNOW THAT I KNOW

A few weeks' ago I read an obituary on Donald Rumsfeld who, back in January 2001, became Defence Secretary in the American government under George W. Bush and, in September of that year, persuaded the President to invade both Iraq and Afghanistan following the 9/11 attacks in New York and Washington. Later Rumsfeld was called upon to defend his action and in his speech said: -

***'As we know, there are known knowns, there are things we know we know. We also know there are known unknowns; that is to say, we know there are some things we do not know. But there are also unknown unknowns, the ones we don't know we don't know.'***

Try that out as a tongue-twister. It led me to get out my concordance and find out how many times the words KNOW, KNOWING, KNEW etc. occur in the NIV version of the Bible. Answer? 852!!

A few Sundays' ago our Gospel reading was only two verses long and the second of them included the word 'KNOW'. Jesus commands us to love one another, 'By this everyone will KNOW that you are my disciples'. John 13 v 35. Earlier in the same chapter, v 18 Jesus says 'I KNOW those I have chosen'. In the same Gospel, 10 v 14, Jesus says of himself 'I am the Good Shepherd, I KNOW my sheep and my sheep KNOW me'. On another occasion, accusations have been made about Jesus healing a blind man and the man himself says about that 'I don't KNOW. One thing I do KNOW, I was blind but now I see!' John 9 v 25. In chapter 21 we read of Jesus reinstating Peter. He's asked three times 'do you truly love me?' and three times Peter replies 'You KNOW that I love you'. In the Old Testament, for me, the most memorable occurrence of the word KNOW is the exclamation made by Job who, after all the pain and suffering he went through, could still say 'I KNOW THAT MY REDEEMER LIVETH'. Then, in Psalm 46 v 10, are the words now familiar to us in a chorus 'Be still and KNOW that I am God' ... and let us not forget the beautiful passage in Isaiah 40 which begins 'Do you not KNOW? Have you not heard?' v 21 and repeated in verse 28. In one of my recent articles in these Notices, I included mention of Jeremiah 29 v 11 'For I KNOW the plans I have for you, declares the Lord ...'

Returning to the New Testament and particularly the Epistles, I can imagine Paul and others underlining the word or words translated as 'KNOW' in English. In

Romans 6 v 6 and 9 the verses begin 'For we KNOW ...' Look those two verses up for yourself. They are worth not only 'KNOWING' but REMEMBERING. The same with 1 Corinthians. This is just one of them '... stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you KNOW that your labour in the Lord is not in vain.' 15 v 58. Is this you? 'I want to KNOW Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, and so, somehow, to attain to the resurrection from the dead.' Philippians 3 v 10 and 11 or this? '... I KNOW whom I have believed, and am convinced that he is able to guard what I have entrusted to him for that day' 2 Timothy 1 v 12. Or this? 'We KNOW that we have passed from death to life, because we love our brothers. Anyone who does not love remains in death' 1 John 3 v 13 and 14. Don't forget this one. 'We KNOW that we are children of God ... We KNOW also that the Son of God has come and has given us understanding, so that we may KNOW him who is true'. and we are in him who is true – even in his son Jesus Christ. He is the true God and eternal life.' 1 John 5 v 19 and 20.

In chapters 2 and 3 of the Book of Revelation, each of seven Christian Churches are addressed. The two words 'I KNOW' occur 10 times as both the good and the bad things about each church is mentioned by the (Holy) Spirit, the same Holy Spirit that KNOWS everything about US and about the church of St. Alphege Seasalter.

In the coming days, in our daily prayer time especially, maybe we should consider ALL the things we KNOW about God and all the things he KNOWS about us. A starting point? I KNOW GOD IS LOVE AND I KNOW GOD LOVES ME. The Bible tells me so.

PRAYER: -Risen and Ascended, Living Lord, thank you that I KNOW. THAT I KNOW so many things about you. Help me to KNOW even more and help me to constantly remember all I KNOW. Amen

Donald